



Powahay's Feather logo is that from a Native American Medicine Man or Shaman. The feather is strong medicine for curing and for strength of mind, body and character.

Powahay News

Volume 6 Issue 1 — A 2010 Centennial Quality District — January 2012

Roundtable

Wednesday, January 11, 2012

Church of Jesus Christ of Latter Day Saints, 686 South Ave in New Canaan.

Roundtable provides an opportunity to get up to date information on things going on with District and Council, and learn new skills to help make a better program for your boys.

7:15 PM Opening and Join Session

A review of the "new" requirements of the 2012 Journey to Excellence Unit award.

Cub Scout Leader Split

Topics include: February's Core Value Positive Resourcefulness, Recycling projects, review of the Cub Scout Academic and Sports program, a 'Genius Kit' activity, Unit level Leadership Enhancement Training and final planning for the Cub Scout Polar Bear.

Boy Scout Leaders Split

George Sorenson T86 will present a campout and trip to the Sterling Hill Mining Museum. Kevin Smith and T286 will have a final planning session on the Klondike Derby and take your sign ups and finalizing Webelos to Scouts.

Powahay Annual Business Meeting — January 4:

The Annual Business Meeting of the Powahay District will be held on Wednesday, January 4, 2012 at 7:30 PM at the Darien Scout Cabin at 140 West Ave. in Darien. All unit Chartered Organization Representatives, District Members at Large and interested Scouters are encouraged to attend. The purpose of the meeting is the election of District Members at Large, District Vice-Chairs & District Chairman. In addition a recommendation to the Council Executive Board for District Commissioner will be made. Nominations for District Members at Large can be made in writing only, prior to the meeting. No nominations are accepted from the floor.

Celebrating 6 Years of Powahay News

Send us your unit news and pictures to johnwhanks@hotmail.com.



Klondike Derby Planning — Chris Wasden, Jeff Goulding, Jake Larson, SPL Holden Ward, and Bob Kinney of Troop 286 New Canaan, with Boy Scout Activity Chair Kevin Smith and taking the picture John Hanks visiting Camp Seton for Camporee planning. Missing is Scoutmaster Brooks Lindberg.

More on Page 7.

Below Future Eagles — Chet Wickett's recent Life to Eagle Seminar lines up with current Life Scouts. Helping was Andy Karwoski.

More on page 5.



Powahay News — John Hanks District Commissioner & Editor

Service to our Country	2	Meet Julien Matrullo	4	Winter Safety	6	ConnJam	8
Cub Scout News Meet Aiden Orr	3	Advancement & Eagles	5	Boy Scout News/Klondike	7	Wilderness First Aid	8

Powahay Saluting Service to Our Country



Troop 19 Honors Master Sergeant Greg Walters Sr. Returning from Deployment to Iraq

Photo at a recent Troop 19 Norwalk Court of Honor Master Sergeant US Army Greg Walters Sr., home from a recent deployment to Iraq was honored with sons Eagle Scout and Assistant Scoutmaster, Greg Walters, 2nd Class Scout Sean Walters, Master Sergeant Greg Walters Sr., Eagle Scout and Assistant Scoutmaster Colin Walters.



Troop 5 Honors Commander Alan Gerard Deployment to Afghanistan

Photo: Troop 5 Stamford Committee Chairman and US Navy Commander Alan Gerard will depart for a second year of deployment this time to Afghanistan. Alan previous service was in Kuwait in support of the Iraqi conflict. Troop 5 presented Mr. Gerard an American Flag to carry with him on his deployment. With Commander Gerard is son Life Scout Patric Gerard.

Stamford Good Scout Dinner



Thank you Sean Nulty, great job as MC for Good Scout Dinner.

Master of Ceremonies for the Stamford Good Scout Dinner was Troop 9 Sean Nulty. The event recognized M. Jay Forgotson, CEO of The Bank of New Canaan, Joseph Rucci, Jr., founding partner of Rucci, Burnham & Carta; and Bobby Valentine, Manager of the Red Sox. Through their influence and network, we were able to raise over \$75,000 to support Scouting programs in our Council. While the Red Sox scheduled a press conference on the day of the dinner, Mr. Valentine was able to [record a special message](#) for our Scouts and accept the award. Congratulates to all the honorees.



Connecticut Yankee Council Recognition Dinner & Annual Meeting

Thursday, January 26, 2012
6:00 - 9:00 pm

McClinch Family Center at St. Catherine of Siena Parish 210 Shelton Road, Trumbull, \$45 per person \$50 after 1/6/12. The highlight of the evening will be the presentation of the Silver Beaver Awards including Powahay's Arnold Feintuck, Roger Williams and Mike Kraus.

Download a flyer at <http://www.ctyankee.org/fs/calendar/002385/2012councilrecognitiondinner.pdf>

January Calendar Review

4:	District Committee & Annual Meeting	20-22:	Klondike Derby
6-8:	Youth Leader Training 1	26:	Council Annual Recognition Dinner
7:	Wilderness First Aid 1	28:	Wilderness First Aid 2
11:	Roundtable		
13-15:	US Navy NESAJambo		Coming In February
13:15:	Youth Leadership Train 2		Cub Scout Polar Bear
14:	Commissioner Staff Workshop		Saturday, Feb. 4

Powahay Cub Scout News

Aiden Joseph Orr

Sr. Webelos for Pack 11 Stamford and Powahay Scout of the Month

Aiden is being recognized for the speech he gave at the Good Scout Dinner and active participation and Scout Spirit.



Good evening! My name is Aidan Joseph Orr. I am a senior Webelos and I've been in Cub Scouts for five years, and I enjoyed them a lot. I have been really lucky to have Mr. Matrullo as my den leader, he has worked really hard to make the last five years fun and interesting.

I am looking forward to joining the Boy Scouts, I only needed eight pins to move up, but I would like to get them all,

so I currently have 17 and need three more activity pins. I need scholar, family member, and naturalist. I liked the Engineer pin so much I did the requirement twice! The reason I liked Engineering was that I use LEGO bricks to design buildings and vehicles.

I am part of a LEGO team at my school and enjoy building plenty of items. I also get straight A's in school which will hopefully help me to get into a good college.

Cub scouts has challenged me a lot! I mean A LOT. An example of how cub scouts taught me a lot. My eating. I was a very picky eater. My mom and dad called what I ate the 'white food diet'. Pasta, (with no sauce, of course.) chicken nuggets, rice, (white only, not brown), apples, (without any skin) bananas, you get the idea.

Then, three years ago, we attended Camp Sequassen. The cooks expected you to eat what they made for meals. For dinner on the first day, we got pizza with RED SAUCE! I was so hungry after all the days activities, I ate the whole week without remembering the "white

food diet" After that, I stopped being too picky.

Now I even eat baby spinach!

Cub Scouts also helped me because before I was a scout I was nervous at almost any challenges. Cub Scouts had a lot of challenges to face, even if they were fun. Especially at Camp Sequassen. One summer we were able to climb a rock wall during our visit, it seemed like 1000 feet high! But I realized that it was about 15 feet high and I could climb it with a lot of effort.

The staff was so supportive and helpful, they made me realize that it wasn't hard, it was cool! That taught me to always try and then you can do it. In Camp Seton I will go back and volunteer to help the dens at summer camp next year, I will try and help other younger scouts overcome their fears like I did.

Now I know I can overcome obstacles in my life with a little effort. That is why cub scouts is good for me. I would also like to thank my Dad for supporting me in scouts.



Powahay's 2012 Cub Scout Polar Bear Native American

Winter Games & the Legend of Powahay

Great Patch — and sure to be a collector item.

A very cool "glow in the dark" Arrowhead and Bear Claw Craft Kit.

Eight action stations including:

- Sling Shots
- LaCrosse Relay
- Indian Corn Cob Dart Game,
- Klondike Sled Race
- Snow Shoes/Snow Sculpture
- Earn the Conservation and Wildlife Belt Loop,
- A Chief Ponus Scavenger Hunt
- The Legend of Powahay and Craft Station... and more!

Lunch included!!!

*All for only \$10/youth and adult.
Get your payment in by Jan. 25.*

Powahay District's Polar Bear is back at St. Mark's Church in New Canaan for a fun day of both in and outdoor activities with this year's theme – **Winter Games & the Legend of Powahay** – based on Native American local history, customs and games. Lunch included.

When: **Saturday, February 4, 2012**

Where: St. Mark's Episcopal Church,
111 Oenoke Ridge New Canaan

Who: All Cub Scouts and their families.

Time: 10:00 a.m. to 2 p.m.

Fees: \$10.00 per Youth and Adult

Includes Lunch, Patch, Craft, Supplies and Facility use. Advance **Registration Required by January 25** to make sure we have enough food for lunch, patches etc.

Information: **John Hanks** at johnwhanks@hotmail.com

Or Mark Greene greenemark@optonline.net.

Registration Flyer at: <http://www.ctyankee.org/fs/news/001866/2012polarbearregistrationformfinal.pdf>

Powahay Cub Scout News

2012 Cub Scout Calendar of Major Events

Powahay Events: <http://www.ctyankee.org/districts/powahay/news>

- Blue and Gold Celebrations January – March
- Cub Scout Polar Bear—February 4, 2012: Native American Winter Games and the Legend of Powahay. St. Marks Episcopal Church, New Canaan.
- Scout Week February 5 – 11, 2012
- Scout Sunday is February 5.
- District Pinewood Derby — April 28, 2012
- NO spring event as we want all of our Packs to attend ConnJam May 11-13, 2012.

Council Events: <http://www.ctyankee.org/news/news>

- Boston Museum of Science January 14 or 28, 2012
- Council Recognition Dinner January 26, 2012
- Boston Museum of Science February 18 or 25, 2012
- Mystic Aquarium Overnight March 9, 2012
- Fishing Derby April 7 or 14, 2012
- Boston Museum of Science April 14, 2012
- ConnJam 2012 May 11-13, 2012
- Cub Scout Day Camp July 2 – August 17, 2012
- Cub Scout Family Weekend July 20-22, 2012
- BB Gun Derby July 21, 2012
- Cub Scout/Webelos Resident Camp July 26 – August 19 – five sessions
- Webelos Resident Camp August 6-8 or 16-19, 2012



Cub Scouts from Stamford Pack 6 enjoy a big turtle at the Animal Embassy building at the Stamford Museum and Nature Center.

**For fun, fellowship and ideas to run your Pack...
Come to Roundtable, Wednesday, Jan. 11
7:00 PM Gathering — 7:15 Program
at the LDS Church 676 South Ave., New Canaan**

Julien Matrullo

Sr. Webelos for Pack 11 Stamford and Powahay Scout of the Month

Julien is being recognized for the speech he gave at the Good Scout Dinner and active participation and service to Scouting.



Hello, my name is Julien Matrullo. This is my fifth year being involved with Scouting. I'm a Sr. Webelos in Stamford Pack 11 with my identical twin, Christopher. Sebastien, my older brother, is a First Class Boy Scout in Troop 15. He has been a scout for eight years. My dad is the den leader for the Senior Webelos of Pack 11. Recently, I went to the Fall Webelos Camporee in Putnam State Park and I stayed with Troop 15.

The overnight was really fun and it was a great experience to see what being a Boy Scout is like. We played soccer and explored a deep, dark, treacherous cave. Then I went through a narrow tunnel and my pocket got hooked to a rock. I was scared to get stuck down in the cave but another Webelos helped me get out of there.

Another Scouting event that I really enjoyed was when my Pack went to a Bluefish game. We walked in scout uniform around the field before the baseball game and appeared on the big screen. After the game we stayed for the firework and slept over night in our tents on the field. I really enjoy Scouting because you are always outside and every trip is a great experience and you learn so much that your brain will hurt. When I become a Boy Scout this March, I plan to be in Troop 15.

When I grow up, I want to be a stock trader so I can make lots of money. I have already started trading stocks in my own portfolio. A sport that I really

like to play is soccer because you run around and you get a lot of exercise. I've been playing soccer for five years. This Fall, my team that my dad coached won Stamford Division 2 and was Runner up in the Championship Final.

I am a 5th grader at Stamford Northeast Elementary School and really enjoy Math, Writing, Reading, and Social Studies. I like these subjects because I learn a lot and I have fun doing them. Besides Scouting, I'm also doing a program called Odyssey of the Mind. It is an international competition that teaches you how to solve long term and spontaneous problems as well as to work as a team. Our Odyssey of the Mind team of seven members, also coached by my dad, will represent Northeast School at the State Finals in March. If we finish in the top two teams of our division and problem category we will go to the World Finals in May at Iowa State University.

District Advancement & Recent Eagles

Callum Breene Troop 20, Wilton Eagle Scout



Callum Breene with his Troop 20 Scoutmaster, Erik Olstein

Callum Breene has been in scouting since he was 6 years old, and has 40 merit badges to show for his dedication. For an Eagle project Callum and his fellow scouts built a bocce court and bench at the Comstock Community Center in Wilton. It was part of a continuing project to renovate the Senior Center activities and add to the facilities available at the Comstock Community Center. It is hoped that it will be used by many of the Senior Center's members, children attending day camps, and many other people who love to play Bocce. Callum will continue to be involved with Troop 20 helping the other scouts advance.



Troop 53 Darien New Eagles

At a recent Eagle Board of Review Andrew Hurn above with parents and Holden Chung to the left became Troop 53's newest Eagle Scouts. A Court of Honor is being planned for 2012. Congratulations Andrew and Holden.



Jeffrey Patnaude, Boy Scout Troop 19 Norwalk

Jeff is congratulated by former Scoutmaster Frank Waters and current Scoutmaster Mike Doricco. For his Eagle Scout project Jeff organized an effort to paint over 100 fire hydrants in the city.



Last Minute Rush

It has been amusing to watch the mad rush to get Eagle project proposals completed on the former or outgoing workbook. In the last few days, we have had proposals dropped off and received calls asking if they still have time to get the former workbook completed and dropped off. Why the desire to avoid the new Eagle project workbook that becomes effective on January 1, 2012? There must be a rumor out there that is creating unnecessary anxiety. We realize that something new can be intimidating especially if time is not taking to actually look at the new and compare to the old. The new workbook is so much more complete and Scout friendly. It takes all the ambiguity out of the process. It standardized the Eagle project process so that the Life Scout can easily find and propose a project. And after approval, he knows what is necessary to plan and execute what he proposes to the satisfaction of the beneficiary. After a recent Life to Eagle seminar that was held at the scout cabin in Darien, the attendees left knowing that the new workbook is alright. Yes it will force the scouts to look at all the pieces to come up with a proposal and then the plan for execution but is that so bad?

Chester Wicket
District Advancement Chairman

Email Alert for Chet Wicket

Chet Wickett home computer has crashed and he will be without emails until it is fixed.



Winter Camping Safety... Tips to share with your Scouts

How to avoid hypothermia

By Buck Tilton Illustrations by Jonathan Carlson From the September 2001 issue of Boys' Life Magazine



Twelve-year-old Erick Cole was sick at heart, and scared. Erick and his little brother, Andy, 4, had been sledding together out in the Nebraska snow and couldn't be found.

Where could he be?

The older boy walked near an abandoned construction pit, when Erick heard a weak cry. His brother had slipped into the pit and was too small to climb out.

Erick jumped down into the pit to rescue him. Andy was dazed, crying and unable to walk. Gently, Erick picked him up and carried Andy to the nearest house. It was a close call. Andy survived, but the cold had almost killed him.

Too Much Cold

When you lose heat faster than you make it—Andy's problem—when your internal temperature begins to fall — is called hypothermia. A hypothermic per-

son develops increasingly serious problems as his body continues to cool down. They are:

- Confusion and trouble solving problems, plus mild shivering.
- Stumbling and stronger shivering, pale skin, having trouble speaking and an "I-don't-care" attitude.
- Inability to walk and horrible shivers.
- Slow heartbeat and breathing. Skin turns blue. Muscles grow rigid. Shivering stops for the same reason a motor dies—there's no more fuel. Then, death.

Warming Up

Someone who can still shiver, walk and talk has mild hypothermia. You can warm that person back up to normal body temperature.

Here's how: Change any wet clothing for dry stuff. Add extra dry layers of clothing to provide more insulation. Also, use blankets or something similar to insulate the person from the cold ground. Offer him fluids, especially warm, sweet fluids like hot cider or

sweetened tea, as well as high-energy foods, such as candy. If you can, get the person to a source of heat, such as a fire.

Severe hypothermia starts when someone can't shiver anymore. Handle the person with care. No rough stuff. Take off his damp clothing. Bundle him in warm, dry layers and make sure there's insulation underneath him.

Wrap him in something waterproof and windproof, such as a tent fly, and be careful that his head is protected from the cold, too. Then go for help.

Here are some ways to prevent hypothermia: Wear clothes designed to keep you warm in the cold. Wear lots of thin layers of clothes instead of one heavy garment, such as a coat. If you get warm and sweaty, take off a layer to let the sweat dry. If you start feeling cold again, add layers of clothing. Drink and eat a lot, so your body has plenty of "fuel" to generate heat.



Safe Guide to Scouting Winter Camping

There is magic to camping in winter. It is one of the most challenging of outdoor adventures. Special considerations for winter camping are:

1. Qualified Supervision. It is vital that a leader be an experienced winter camper with strong character and common sense.
2. Equipment. Be completely outfitted for cold weather. Equipment should be checked to ensure good condition for the activity. Scouts should be adequately clothed.
3. Physical Fitness. Scouts should be suitably fit for the activity.
4. Buddy System. Having Scouts paired aids in monitoring each other's physical condition.
5. Planning. Safe activities follow a plan that has been conscientiously developed. Always bring a bit more food, water, and clothing than what you think you'll need.
6. Safe Area. Leaders should determine whether an area for winter camping is well-suited and free of hazards.
7. Weather Check. Weather conditions, potential hazards, and the appropriate responses should be understood and anticipated.
8. Burning. Never use flames in tents, teepees, or snow shelters.
9. Discipline. All participants should know, understand, and respect the rules and procedures for a safe winter camping prior to the outing.



Troop 53 Darien Summit to Mt. Washington, NH

Congratulations to all Scouts who made the Mt. Washington trip: Sammy Alptekin, Holden Chung, Pete McMaster, Jack Ogilvie, Nathaniel Pucci, Allen Reed, Holm Roeser, Stefan Schneider, Graham Webb and adults David Morgan, Rich Pucci, Mike Reed, Chris Schneider, Calvin Chung, Frank Roeser, Erik Vitti, David Vitti, and Uncle Doug. The conditions were unseasonably cold but clear with only mild winds. The Scouts leaned technical and basic life skills - living in close quarters as a group, cooperation and respect for others, adhering to schedules (including group study time), self reliance, and responsibility for one's equipment. The trip was led and organized by David Morgan.

Powahay Boy Scout News

Powahay Klondike Derby Hosted by Troop 286 New Canaan Scout Vs. Klondike

(Based on the Man Vs. Wild TV Show)

January 20-22, 2012

Ernest Thompson Seton Scout Reservation
363 Riversville Road, Greenwich, CT

- All Troops are asked to conduct “**Cold Weather Training**” for their Scouts prior to the Klondike.
- Troops should prepare for primitive winter camping with bringing all gear out to an extended camping area. Vehicles are not permitted beyond the parking lot, including dropping off troop trailers.
- Friday Night Indoor Event at the Pray Building: Scouts coming in Friday Night can enjoy a “warming event” at the Pray Building (main parking area) with movies, socializing and meeting other Scouts. A canteen of hot dogs, snacks and beverages will be available for a small fee.
- Stations for the Klondike include first aid, pioneering, fire building, Klondike Sled Race, hatchet throwing, sling shots and more
- Leaders Packet coming soon.

**Come to Roundtable for more information:
Wednesday, January 11, 2012
Signup, payment due and final planning.**

2013 National Jamboree Signups Have Begun

The Jamboree - July 15-July 24, 2013

Get ready! The 2013 National Scout Jamboree is coming and it ain't your father's jamboree. We're talking seriously high adventure, people! Whitewater rafting, zip-lining, rappelling, mountain biking, hiking, and more - with 50,000 of your closest friends at the brand new Summit Bechtel Reserve in the wilds of West Virginia. More at www.ctyankee.org for Registration.



Troop 53 Darien Senior Patrol Leaders Honored

Unit Commissioner Richard Poli presents Alexander von Stuelpnagel and Holden Chung with Powahay's Commissioner Senior Patrol Leader Leadership Award.



Scouts and Leaders from left to right: Teddy Woods, Jonathan Haase, Bryce Tiefenthaler, Tyler Christensen, Andy Woods, Steven Reifers, Steven Gorenbergh, Scoutmaster Mark Tiefenthaler, Assistant Scoutmaster.

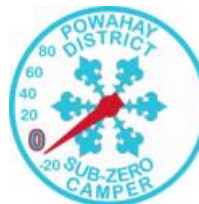
Troop 125 Wilton Wreath Sale Benefits the Community

As part of their Christmas Wreath sale Troop 125 asked for donations from residents so they, as a troop, could donate wreaths to the Town Center Memorial and the Cemetery. This year they presented 6 wreaths to representatives of Wilton's American Legion Post, local dignitaries, and then placed 130 additional wreaths on the graves of Wilton's Service men and women that were laid to rest in Hillside Cemetery to help honor these fallen Wilton heroes.



Troop 5 Stamford Christmas Cheer

Troop 5's annual service Project to St. John's Church collected 400 pounds of food donations, and approximately 200-250 unwrapped toy donations delivered to St. Luke Life Work by Scoutmaster Nathan Newhall and son Daniel.



Powahay Sub Zero Camper Award is back for 2012. We're proposing a segment for each year it's earned. More details at Roundtable.



District Notes



May 11-13, 2012

Orange Fairgrounds, Orange, CT
<http://www.ctyankee.org/connjam>

A monthly leader's update email is being distributed starting this December to all unit leaders and committee chairman's.

Registering Your Pack, Troop, or Crew:

Registration starts in January 2012, all units are encouraged to register early to get a special early bird discount of \$15 per person, which includes camping for the whole weekend, all activities and shows, and the ConnJam patch. After April 1st., the price goes up to \$20 per person. Cub Scouts can be registered as families if their pack is not attending.

The Chief Scout Executive of the Boy Scouts of America, Mr. Bob Mazucca will be in attendance. New for 2012 include fire and police exhibit area, Venturing Adventure area, bigger obstacle and challenge area for everyone. **Don't miss ConnJam!!**



Attention Cub Scouts

ConnJam returns for 2012 with more opportunities for Cub Scouts and their families! Come join thousands of other Scouts in the biggest gathering of the year.

- Camp for the weekend in Cub World.
- Shoot archery, sling shots, and BB guns.
- Earn belt loops
- Play games.
- Make Crafts
- Eat great food from local vendors
- Visit displays by vendors and organizations.
- See the Saturday night arena show with fireworks

Attention Boy Scout & Ventures

ConnJam returns for 2012 with more exciting activities, new events, and even bigger shows! Come join thousands of other Scouts in the biggest gathering of the year.

- 125 exhibits, activities and demonstrations on the midway.
- New Venturing adventure village.
- Rock Climbing.
- Obstacle courses.
- Paintball & rifle shooting.
- Scuba diving & kayaking.
- Food & snacks available.
- Bigger arena show with fireworks.

Wilderness First Aid Course

Saturdays January 7 and 28, 2012; 8:00 to 5 PM;
Cost \$120.00 Andrew Shaw Memorial Scout Cabin,
140 West Ave., Darien



If you're a Scout or Scouter in an active outdoor program and/or planning a High Adventure or trip to Philmont, this is the course for you. Wilderness First Aid is a hands-on course that prepares you to avoid, prevent, or cope with emergencies in the wilderness. Enrollment deadline is

Friday, December 23rd.

- * Certification: ASHI Wilderness First Aid (16 hour course) valid for three years. This is certification by the American Safety and Health Institute recognized by the Boy Scouts of America.
- * Who can take the Course: Any registered Boy Scout over 14, Venturer, or Scouter, particularly wilderness leaders or guides, and those who participate in more extended wilderness trips.
- * Prerequisite: Basic First Aid and CPR.
- * You must attend BOTH days. Bring a bag lunch.

Our own CAPT Steve Coe, Powahay Health and Safety Chairman, will serve as the course Instructor for both courses. Download registration forms at District webpage.

Questions: Steve Coe 203-952-8679 or Steve@EmergencyResponseTrainingCenter.com



Stamford Pack 6 enjoying the cool Lego Train display at the Stamford Museum and Nature Center.

Powahay OA Chapter Meetings Roundtable Night—Jan. 11; 7:15 PM

Powahay Order of the Arrow Chapter Meetings have moved to the 2nd. Wednesday of each month at the LDS Church, 676 South Ave., New Canaan. It's hope that Scout Leaders attending Roundtable will bring their OA Members.