

## **2009 KODIAK / RANGER TREK COURSE GEAR LIST**

**This gear list is explicitly sparse, since you will be required to carry all your gear throughout the trek. You will be wearing the same clothes on multiple days. There may be opportunities to rinse or air out your clothes. Do not overpack!**

**All gear must be packed in an internal or external frame pack that is fitted to your body.**

- 1 pair quick dry shorts
- 1 pair quick dry pants
- 2 t-shirts
- 3 pair socks (non-cotton)
- 3 pair underwear
- fleece shirt
- swim suit
- quick-dry towel
- bandana
- sunscreen & hat
- bug repellent (non-aerosol)
- 2 unbreakable 32 oz. water bottles
- light weight rain gear
- hiking boots & trail shoes (wear one pair, pack the other)
- water shoes for canoeing / kayaking
- small flashlight
- unbreakable bowl, mug & spoon
- sleeping bag and foam pad
- toothbrush, travel toothpaste, floss
- personal toiletry items
- personal first aid kit
- prescription medication
- comb or brush
- small towel
- work gloves
- 3 stuff sacks (for clothing, sleeping bag & toiletries)
- 2 clear garbage bags
  
- camera (optional)
- compass (optional)
- binoculars (optional)
- journal and pen (optional)

**Please label all gear with your full name in permanent marker.**

**Do not bring any electronic gear (cell phones, mp3 players, games, etc.). They will get wet, damaged or lost, and trek is not responsible for their security.**