# Pomperaug District Klondike 2019 In Search of the Yeti! LEADERS GUIDE



January 18-20
Camp Sequassen
Rev Date 12/28/2018

### WELCOME!

The Pomperaug District is excited to host the 2019 Klondike Derby, In Search of the Yeti! This year we intend to bring you a program of events for Scouts to test both their skills and knowledge while providing some fun teambuilding activities as well.

This guide is designed help Scouters and youth leadership figure out what they need to do to be prepared for the event. Adult leaders should read through this guide to be sure that we have covered all of the details for this year's event and if there any questions, please contact our Event Chairman, JC Cinelli or our District Chairman Seth Strohecker. We also ask that you be sure to cover as much of both the event and campout details with your Scout leaders <u>before</u> the event.

Finally, please be sure to submit your 2019 Klondike Application Form to our District Executive no later than January 11, 2019. Do not delay, as we need as accurate a count as possible of units and patrols so that we can prepare in advance for your arrival. Please be sure to fill out the registration form completely as it has some important information we need for the final planning.

Thank you, Klondike Derby Committee

JC Cinelli Scouts BSA Activity Chair jcinelli@gmail.com

Lawrence Ratner VP Program lawrence@theratnerfamily.com
Seth Strohecker Boy Scout Activity Chair seth.strohecker@gmail.com

### **2019 KLONDIKE Details**

The 2019 Klondike Derby will entail a series of Scout skills and team-building challenges/quests for each Patrol will need to complete. Each station will be judged and timed. The winner will be the patrol with the least amount of cumulative time through all 9 stations.

Scouts may have penalty time added/subtracted at certain stations based on how well each team performs the assigned task which will also include aspects of leadership, teamwork, and Scout Spirit. Each sled will be given a schedule with an assigned route to their Stations that must be completed in the specified order. In order for each team of Scouts to pass the tests they must rely on their leadership, teamwork, Scout Spirit, Scout skills, their sled, equipment, food, and water. Scout Patrols will pull/push their Klondike Sleds.

While Adult Leaders may accompany each team, Adults are NOT to assist Scouts while at any station. Except in extraordinary circumstances Points will be deducted for Adult involvement and assistance with Boy Scouts while completing various events. The only involvement of an adult with a sled is if a health or safety situation arises.

### **WEATHER**

Winter weather will be a challenge and concern for Scouts during the Klondike. As seen from past Klondike Derby's, temperatures can range from -10 to +55 degrees, with wind chills as low as minus 35 degrees. The weather can include snow, rain, sleet, or sunshine, sometimes all in the same day. Scouts (and Scouters) must be appropriately dressed for the weather, or they will not be allowed to participate.

### Camping

Units camping on Friday or Saturday night will be assigned a camp site based on the number of tents you indicate as required for your scouts, an appropriate area allocated for adult tents and a general area for setting up a cooking area. Units should check-in with a Klondike staff member upon arrival on Friday night at the Cohen Lodge. We will try to assign campsites in advance and communicate assignments via email. All campsites will be located in South Sequassen. Troops should be prepared to carry all gear to their campsites, as **vehicles will not be permitted to beyond the main parking lot** without permission from program staff. Please register no later than 1/11/16 to allow for the Klondike committee to efficiently assign space. Late registrations will be put at the end of the list and may be subject to less than ideal arrangements.

### Schedule

Day	Time	Event	Location
Friday	5:00 PM	Camp Opens/Check-in	Cohen Lodge
	8:30 PM	SPL/Scoutmaster/Cracker barrel	Cohen Lodge
	10:00 PM	Lights out	Unit Camp Sites
Saturday	7:00 AM	Revelry	
	9:00 AM	Opening	Clark Field: Flags
	9:30 AM	Station Timeslot 1	
	10:00 AM	Station Timeslot 2	
	10:30 AM	Station Timeslot 3	
	11:00 AM	Station Timeslot 4	
	11:30 PM	lunch	Unit Camp Sites
	1:00 PM	Station Timeslot 5	
	1:30 PM	Station Timeslot 6	
	2:00 PM	Station Timeslot 7	
	2:30 PM	Station Timeslot 8	
	3:00 PM	Station Timeslot 9	
	4:30 PM	Klondike Awards	Clark field
	5:00 PM	Return to Campsites Dinner	Unit Camp Sites
			Pisani
	7:00 PM	All faith Service/Catholic Mass	Pavilion/Chapel
			Prowse
	8:15 PM	Campfire	Amphitheater
	10:00 PM	Lights out	Unit Campsites
Sunday	9:30 AM	Site inspection and departure	

\*Note: final schedule subject to change

### Sled check-in

In the morning, Troop leaders will be required to check each sleds and patrols participating in the Klondike before embarking on their first station. This 'self check-in' process will assist in reducing the long wait lines in the morning that have previously been noted. Troop leaders will be provided a checklist to review with the scouts and inspect the sleds for safety & required materials. Once the Troop Leader's have handed in their inspection checklists, their patrols will be able to proceed.

Each Patrol Leader will be <u>responsible</u> during sled inspection of their sled (and will present instructions to his group on preventing hypothermia. The leader will also assign an "Observer" within his group to keep track of everyone's health, and make sure each scout is prepared for the weather, and is able to continue participating throughout the Klondike.

Information on hypothermia has been included in this packet as a reference for your convenience.

In the event of severe weather, an e-mail and phone chain will be used to notify Unit Leaders of the postponement (or cancellation) of the Klondike. All cancellations will also be posted on the Pomperaug District Facebook page at, https://www.facebook.com/groups/682847898580121/

### **KLONDIKE: Stations**

Each Station has been created and designed to encourage participating patrols and Scouts to have fun while using their best individual and teamwork skills to complete the task. The following provides the Station number, a description of the activity or task that must be performed, the basic scoring details, as well as the individual storyline behind these creative events.

### Introduction -

While most have heard of the legend of the Camp Sequassen hermit, there is another legend that speaks of the elusive Yeti. Its roots date pack to the stories told by the native peoples of the area. The few that have witnessed and survived to tell the tale, are still awestruck by what they have seen. You will need all your wits, Scout skills, knowledge and teamwork to venture out in search of the Yeti!

Good luck and Be Prepared.

### Klondike challenges:

**YETI Strength Challenge**: After slicing off a log using a two man saw the patrol must chop the section into a geometric shape given to you. A Tote-n-chip MUST be shown by the two scouts using the saw AND the Scout(s) using the Axe. (Timed with penalties for safety)

**Uncovering the Evidence:** Scouts will need a small aluminum pot to hold a block of ice with a clue to the about the Yeti. They are to start a fire using their own materials and melt the ice in any manner they choose. (timed event with safety penalties)

**Escape From Yeti Cave**: Patrols will need to get all of their members out of the Yeti cave safely. The obstacle in their path will be a giant spider's web. Beware, the spider's bite!

**Yeti Bag:** Nothing is worse than having a hungry Yeti eat all your food. Scouts will need to keep their "food items" out of reach. (Timed event, maximum points for is bag suspended 10 feet above the ground, 8 feet from a tree and 5 feet below branches)

**The Path of the Yeti-** Patrols must follow the Yeti as a team using two skis. (Timed Event) **In Search of...**: Starting from a center point, patrols will be given a bearing and distance to a second point. There they will a second bearing direction and a code to be written down. The patrol races back to the center point and then uses that new bearing/distance to get a second code (as well as bearing distance), this repeats several times (timed event with some false clues).

**Yeti Attack**: Patrols must render first aid to the victim of a Yeti attack and transport them to safety. (timed event)

**Yeti or Knot!:** Scouts will be and given wooden staves to lash together into an A-frame, strong enough to hold one Scout on the center crossbeam. The patrol must then "walk" the A-frame between two points using guylines. (timed event)

**Outrun the Yeti**: The Klondike sled race. To survive you have to outrun the Yeti (and the other patrols).

Each patrol should prepare and present a song or Skit for the evening Campfire contact

### Updates and changes are possible

Any changes to this will be posted on line with a rev date on the front page. We will directly email all registered units with the changes and a new copy. If you have downloaded this guide check back weekly or get on our email distribution to be notified.

# **KLONDIKE: Sled Equipment List**

Other than your personal gear or any other items that you want to carry on your Patrol's sled, the following items are mandatory and must be on your sled (or person) during the initial Sled Inspection at the start, throughout, and at the finish of the Klondike Derby:

- EACH SCOUT SHOULD BRING A CUP/MUG AND A PACKET OF HOT DRINK OR SOUP MIX,
- Tote-n-Chip Card(s)
- Firem'n Chit Card(s).
- · Ropes for lashing and guylines
- · Firewood (kindling/tinder) ignition source
- Compass(s)
- First Aid kit for patrol
- Splint sized sticks with securing cravats.
- Small aluminum pot.
- Paracord or Rope (50-100 feet)
- Carabiner
- Small nylon or canvas bag. (Stuff sack)
- Fire starting materials (matches, lighters, lint, shavings, tinder, fatwood, etc.)
- Water- 1 quart for each scout in Patrol
- Patrol Roster
- Patrol flag
- Patrol yell or chant
- Pen and Paper

### KLONDIKE: Station Scoring

Patrols arriving the night before will have an opportunity subtract time off their score.

And remember that appropriate Scout Spirit is courteous, kind, friendly and includes sportsmanship and *positive* team support.

## **KLONDIKE: Special Instructions**

- 1. All Units must pre-register in order to receive a 2019 Klondike Derby Patch.
- 2. All Troops should arrive 15 minutes before their start time on Saturday Morning.
- 3. Patrol Leader will check-in at Headquarters. At the check-in, each sled team and Crew will be given a set of instructions, a map of the course and events, and a score sheet. All events must be completed in the assigned order, shown in the instructions.
- 4. Parking is in the main Sequassen Parking lot. Any vehicles that need to drive further into the camp must coordinate with the program staff and Ranger
- 5. A Registration Application form is included in this package. Units should register ASAP. Units wanting to camp on Friday night, January 18th, must pre-register. NO WALK-INS, PLEASE.
- 6. Water is available near ranger's house
- 7. All trash must be packed out.
- 8. Fuel Use See Guide to Safe Scouting. No drugs or alcohol permitted at a BSA event. No exceptions.
- Headquarters and the First aid station will be at the heated Cohen Lodge Report ALL injuries to program staff.
- 10. Each Troop may be asked to provide two adults to serve on staff; staff members from units running stations will be assigned to supervise their Unit's station during the event. All other staff members will be used as needed for various tasks. Names and phone numbers should be listed on the Registration form. Volunteers should attend Friday evening cracker barrel for instructions. Station Managers will assist with keeping track of time and scoring.
- 11. In the event of severe weather on Friday or Saturday, requiring postponement or cancellation of the Klondike, Unit Leaders will be contacted by phone or e-mail, Should the event be cancelled. If necessary, a Go/No-Go notice posted to the web site by 12:00 PM on Friday.
- 12. Proper Footwear and Clothing: Scouts who are not appropriately dressed for the weather will not be permitted to participate. That means warm boots, long pants, heavy jacket, gloves, hat, and rain gear. *Remember cotton kills*. Troop Leaders are responsible to police their patrols before they are sent out to participate with the Klondike. We suggest

- communicating to parents early to make sure the scouts are properly prepared. Most important, please make sure that all scouts have two pairs of gloves in the event of snow.
- 13. Leave-No-Trace: Please use only above-ground fire containers (grills, tubs, stoves, etc.) or existing site fire rings. All trash must be carried out by each unit.
- 14. Scouts will be given time to transition to the next station and complete the task before moving to the next station (25 mins for skill; 5 mins. travel). An audible signal will be used to indicate transition to the next station.

# **2019 Official Patrol Roster**

Patrol Name:			Troop:	
Name	Age	Rank	Leadership	
			Patrol Leader	
			Asst. Patrol Leader	
All Information above is				
All information above is	correct			
	 er		 Date	
Signature of Senior Patr	ol Leader		Date	
o.g. acare or serior rati	o. 2000.			
Signature of Unit Leader			Date	

# 2019 Klondike Cold Weather Camping Parent/ Scout Confirmation Form

The scout and parent confirm that they have read and discussed the information in the Cold Weather Camping Tips guide and following sections. They also understand that if they attend the winter camping trip - Klondike- unprepared, they will be sent home until properly prepared.

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Parent/ Guardian	Date		
Scout	Date		

- 1. Always bring a bit more than what you'll need food, water, clothes.
- 2. Bring extra WATER. It's easy to get dehydrated in the winter.
- 3. Remember C O L D. Clean dirty clothes lose their loft causing you to get cold. Overheat never get sweaty, since that moisture can cause problems later. Layers dress in synthetic layers for easy temperature control. Dry wet clothes lose insulation.
- 4. If Camping in the snow, wear snow pants over your regular clothes.
- 5. Bring extra pair of gloves in case the first pair gets wet (i.e. snow).
- 6. Bring 2 pairs of socks per day.
- 7. Always keep your hands and feet warm & dry.
- 8. Dress right while sleeping. Change into clean, dry clothes before going to bed. Wear a wool cap and gloves while sleeping. 40% of heat is lost from your head.
- 9. Put the next day's clothes into the bottom of your sleeping bag to keep them warm for the next morning.
- 10. Consider using long lasting hand warmer pads while sleeping down by your feet.
- 11. Place hand warmers in boots to dry out the inside of the footwear over night.
- 12. Eat high-energy snack before bedtime to warm your core temperature.
- 13. Ensure that you have a sleeping bag rated for the right temperature. Consider doubling sleeping bags for extremely low temperatures.
- 14. Sleeping bag liners or blankets can also assist in a warm night.
- 15. Never sleep directly on the ground. Use a closed cell foam pad to insulate you from the freezing ground.
- 16. Go to bathroom before going to bed, so that you do not need to get up middle of the night.