Model Pre-Event Medical Screening Checklist

This checklist can be used to assist in identifying potentially communicable diseases before event participation. The intent of this checklist is to review with each youth and adult participant their current health status, both before departure and upon arrival at the event. Anyone entering a camp or event — including visitors, vendors, etc. — should be screened using this checklist.

☐ Yes  ☐ No In the last 14 days, have you been in contact with anyone who has COVID-19 or is otherwise sick?

☐ Yes  ☐ No In the last 14 days, have you, or anyone you have been in close contact with, traveled internationally or traveled to an area outside of Connecticut with a known communicable disease outbreak?

If the answer is “yes” to either of these questions, the participant must stay home.

☐ Yes  ☐ No Are you in a higher-risk category as defined by the CDC guidelines?

If the answer is “yes” to this question, we recommend that you stay home. Should you choose to participate, we recommend that you contact your healthcare provider and then proceed to the symptom decision tree below.

If the above answer is “no,” proceed to this symptom decision tree.

☐ Shortness of breath
☐ New or worsening dry cough
☐ Fever of 100.4° or greater
☐ Flu-like symptoms
☐ Vomiting
☐ Diarrhea

NONE

☐ Cough
☐ Unexplained extreme fatigue or muscle aches
☐ Rash
☐ Sore throat
☐ Open sore

YES to any TWO or more symptoms

THE PARTICIPANT MUST STAY HOME
These symptoms are associated with communicable diseases and the participant MUST stay home until medically cleared by their health care provider.