



# WEBELOS OUTDOOR WEEKEND

## LEADER & PARENT GUIDE

**POMPERAUG DISTRICT**

**CT YANKEE COUNCIL**

**OCTOBER 16-17**

**CAMP SEQUASSEN**

# WELCOME

Hello Webelos Scouts, Leaders and Parents,

We are excited to have you attend this year's Webelos Outdoor Weekend (WOW). This event is designed to benefit scouts, leaders and parents alike. The scouts will get the opportunity to participate in a variety of engaging activities throughout the weekend. Leaders will get a jumpstart on the advancement program for the year, allowing for you to focus on more fun elective adventures and other activities throughout the year. Parents will have the opportunity to bond with their scouts throughout the weekend.

We have changed our program a bit this year compared to the last few years. We have added an additional adventure to this year's program, Castaway. This adventure fits in nicely with the rest of our program and we hope that this will be a great addition to our program and will give your den some added benefits this year.

This event is held concurrently with the Pomperaug Fall Camporee. This event is an outdoor program from the Scouts BSA scouts. Arrow of Light Scouts are also encouraged to attend the camporee as well and will get to participate exactly as if they were a Scouts BSA member. However, Arrow of Light scouts will need to attend with a Scouts BSA troop. If you have an Arrow of Light scout and are looking for a troop to attend with please contact Seth Strohecker, [seth.strohecker@gmail.com](mailto:seth.strohecker@gmail.com), and he can help you find a unit to attend with.

Webelos participating in the WOW will also have an opportunity to participate in some joint activities with the Camporee participants, specifically our closing campfire program on Saturday night. Packs are encouraged to come up with a song or skit to perform at the campfire. Scouts should not have any anxiety about performing at the campfire program, all of the scouts and volunteers are very encouraging.

This event will follow all of the Connecticut Yankee Council's COVID-19 Safety Protocols. These protocols may change before the event. For the most up to date information visit the council website for detailed information.

During the event if an emergency arises feel free to contact the event chair, Seth Strohecker, at 203-816-1683.

If you have any questions about the weekend leading up to the event, we are happy to answer any that you have. Feel free to email Seth Strohecker, [seth.strohecker@gmail.com](mailto:seth.strohecker@gmail.com). We are looking forward to a great weekend with you and your scouts at Camp Sequassen!

Webelos Outdoor Weekend Staff

# Schedule

Time	Event	Location
<b>Saturday</b>		
8:00 AM - 8:30 AM	Arrival at Camp	Parking Lot
8:30 AM - 9:00 AM	Check In	Parking Lot
9:00 AM-9:15AM	Opening	Platt Field
9:15 AM - 11:45 AM	Nature Hike	Platt Field
11:45 PM - 1:00 PM	Lunch	Scout's Choice
1:00 PM - 1:45 PM	Station 1	See Table Below
2:00 PM - 2:45 PM	Station 2	See Table Below
3:00PM - 3:45 PM	Station 3	See Table Below
3:45PM - 5:00 PM	Set Up Campsite	Assigned Campsite
5:00PM - 6:30 PM	Dinner	Campsites
7:45 PM - 10:00 PM	Closing Campfire	Amphitheater
<b>Sunday</b>		
7:00 AM - 7:30 AM	Wake up	Campsites
7:30 AM - 8:30 AM	Breakfast	Campsites
8:30 AM - 9:00 AM	Breakdown Camp	Campsites
9:00 AM	Departure	Parking Lot

Group	Station 1	Station 2	Station 3
A	First Responder (Platt Field)	Castaway (Scout Craft)	Cast Iron Chef (Scout Craft)
B	Cast Iron Chef (Scout Craft)	First Responder (Platt Field)	Castaway (Scout Craft)
C	Castaway (Scout Craft)	Cast Iron Chef (Scout Craft)	First Responder (Platt Field)

# Equipment List

- Tent
- Ground Cloth
- Sleeping Bag/ Blankets
- Pillow
- Flashlight
- Sleeping Pad
- Face Masks
- Change of Clothing
  - Make sure clothes are appropriate for outdoor weather and hiking in the woods
- Coat
- Rain gear
- First Aid Kit
- Part A & B of BSA Annual Health and Medical Record
  - [https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001\\_AB.pdf?\\_gl=1\\*11eqswo\\*\\_ga\\*ODk4NTA5OTM3LjE2MTAxNTM0MzI.\\*\\_ga\\_20G0JHESG4\\*MTYyODkwMzQzNy4yOS4wLjE2Mjg5MDM0MzcuNjA](https://filestore.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf?_gl=1*11eqswo*_ga*ODk4NTA5OTM3LjE2MTAxNTM0MzI.*_ga_20G0JHESG4*MTYyODkwMzQzNy4yOS4wLjE2Mjg5MDM0MzcuNjA)
- Compass
- Camp Chair
- Water Bottle/Bladder
- Day pack
- Toiletries
- Bug Spray
- Sun Screen
- Hand Sanitizer
- Cooking gear
- Mess kit/Plate, Bowl, Utensils
- Food Storage Containers
- Trash Bags
- Food
  - Units will need to prepare their own food for Lunch and Dinner on Saturday, and Breakfast on Sunday

# CHECK IN PROCESS

Before leaving for camp, please review the council's COVID-19 checklist to ensure you are eligible to participate in the event, see last page of this guide for a copy.

Upon arrival at camp proceed to the main lot on the South Side of West Hill Road, Look for the large Granite Camp Sequassen sign near the road, and park your car. The WOW staff will be posted at the parking lot near the trading post to check in participants.

At check in you will receive your event patch, be assigned your group letter for the day (Scouts in the same pack will be grouped together, but may be grouped with other packs), and assigned a campsite. Once you are checked in you are free to proceed to either Platt field for the opening ceremony, or if you have time you can begin to drop off equipment at your campsite before proceeding to the opening ceremony

# CHECK OUT PROCESS

There will be no formal programming on Sunday. Upon wake up, participants will make breakfast and then break down their campsite. Participants are to make sure that their campsite is left in the same state or better than when you arrived. Once you have completed your site clean up, and are packed and ready to go, you may leave camp, no need to check out with any of the event staff.

If you do not plan on spending the night at camp, the rank advancement programming will be completed right before dinner and you are free to leave at this point. However, if you would like to stay until after the closing campfire program, you are welcome to stay.

# CAMPING INFORMATION

## Camp Sites

Campsites will be assigned on the unit level, and not at the participant level, so everyone in your Pack will stay at the same campsite. Depending on the number of participants a unit has, more than one unit may be assigned to a campsite. Participants will need to provide their own tent. There are platforms at many of the campsites, and you are allowed to setup your tent on these platforms if you choose, you may also set up your tent directly on the ground. Please remember that it is against BSA policy for youth and adults who are not related to share a tent.

## Food

Participants will need to provide their own food for the weekend. Participants should arrive at Camp on Saturday having already eaten Breakfast. You will need to bring food for Lunch and dinner on Saturday as well as Breakfast on Sunday. No cooking equipment will be provided, so you need to ensure that you bring all the cooking equipment you need for the weekend with you. There will also be no refrigeration provided, so you must also ensure you bring everything you need for proper food storage for the entire weekend as well.

Please remember, that we will be at a camp that is full of wildlife. Animals will be attracted to any food at your campsite. You will want to make sure that your food is stored in such a manner to prevent animals from accessing it, especially overnight. This can be done in different ways such as storing food in a car or trailer, or setting up a bear bag.

## Sleeping

If you plan to camp out on Saturday night, please keep in mind that it will be mid-October and temperatures overnight can get very low. If you will be sleeping in a sleeping bag it will come with a temperature rating, usually this rating is marked somewhere on the bag. Please keep in mind that this rating is not designed to keep you comfortable, this rating is a survival rating. If temperatures will get as low as your bag rating, you will likely end up being cold overnight. If this is the case, you should consider supplementing with additional blankets.

# Program Stations

## First Responder

At this station, scouts will review the fundamentals of first aid and how to treat many of the most common first aid cases and how to manage some of the more serious first aid cases. Scouts will also put together a personal first aid kit.

Requirements Covered: 1-6

## Castaway

At this station scouts will learn some wilderness survival basics. Scouts will learn several methods to start a fire other than using matches or a lighter, the proper way to treat water for drinking, what to do if you are lost in the woods, what should be included in a survival kit, and the qualities of a good leader in an emergency. Scouts will also construct their own basic survival kit.

Requirements Covered: 1a, 1b, 2a-d

## Cast Iron Chef

Scouts will learn what it takes to plan a healthy and well balanced meal. Scouts will also get the opportunity to prepare a couple of easy camp dishes.

Requirements Covered: 1, 2

## Hiking

Scouts will complete a hike on the Northern Boundary loop. During the hike we will make several stops to discuss the outdoor code, poisonous plants and animals, plant identification, uses of wood, how plants help the environment, and growth rings on trees.

Requirements Covered:

Webelos Walkabout 1 – 5

Into the Woods 1 - 6

# CAMPFIRE PROGRAM

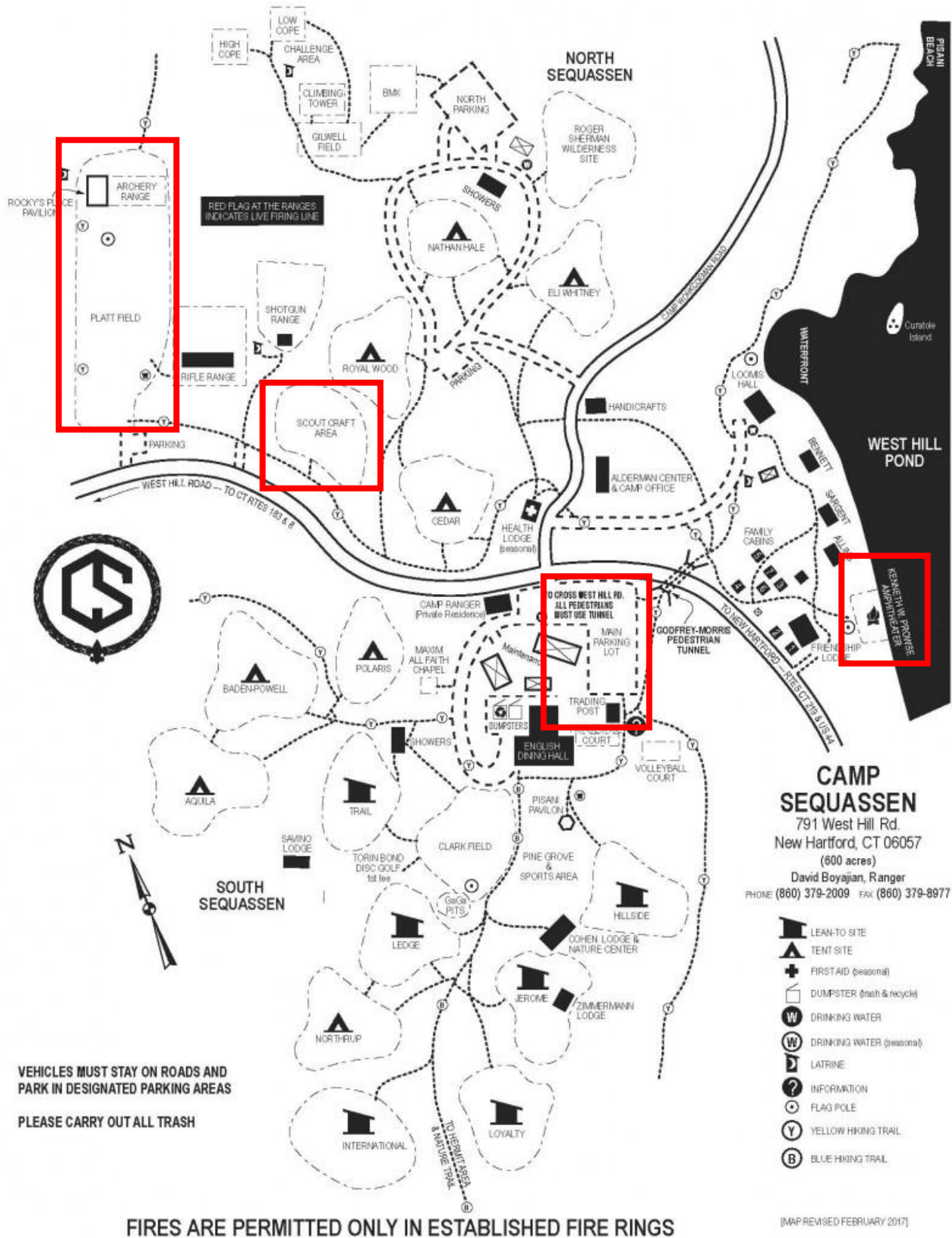
Following dinner on Saturday evening, scouts will participate in a joint campfire program with the Scouts BSA participants of the Fall Camporee. The campfire program will consist of a rotating line up of skits and songs performed by all the units in attendance.

Cub Scout Packs are encouraged to take part in the campfire program as well by performing a song or skit. Scouts can come up with their ideas ahead of the event, or can develop their idea during the weekend. If your unit will not have many scouts participating in the event, feel free to partner up with another unit.

Scouts should not have any anxiety about performing at the campfire. This campfire will be a positive and encouraging environment.



# CAMP MAP



[MAP REVISED FEBRUARY 2017]

# COVID PROTOCOL

## Connecticut Yankee Council, BSA COVID-19 Pre-Event Medical Screening Checklist (Rev 06/15/2021)



Name: \_\_\_\_\_ Unit/Campsite: \_\_\_\_\_ Date: \_\_\_\_\_

Review the health status with each youth and adult participant, before departure and upon arrival at the camp or event. **Everyone** entering a camp or participating in an event must complete this questionnaire.

- Yes  No Are you currently ill or have you been ill at any time in the past 14 days?
- Yes  No Are you currently in quarantine for COVID-19 exposure or due to contact tracing?
- Yes  No Are you currently waiting for the results of a COVID-19 test?

For **unvaccinated** individuals: at any time in the past 14 days, have you...

- Yes  No - been in close contact with anyone known or suspected to have COVID-19?
- Yes  No - been in close contact with anyone who is waiting for results of a COVID-19 test?
- Yes  No - travelled outside of the United States?

\* CDC definition of "Close Contact": Within 6 feet of someone who has COVID-19 for a cumulative total of 15+ minutes over a 24-hour period; direct physical contact with an infected person (hugged or kissed them); shared eating or drinking utensils; an infected person sneezed or coughed on you. This applies to people even if wearing face masks.

**If the answer is YES to any question above, you should stay home.**

**If the answer is NO to all questions above, proceed to the symptoms below**

**If you have one or more of the following new or worsening signs or symptoms OR if anyone in your household has any one of the following new or worsening signs or symptoms of possible COVID-19, all unvaccinated people in the household must stay home.**

- |   |  |                                   |
|---|--|-----------------------------------|
| <input type="checkbox"/> Shortness of breath  | <input type="checkbox"/> Fever of 100° F or more | <input type="checkbox"/> Cough    |
| <input type="checkbox"/> Muscle or body aches | <input type="checkbox"/> Loss of taste or smell  | <input type="checkbox"/> Chills   |
| <input type="checkbox"/> Sore throat          | <input type="checkbox"/> Diarrhea                | <input type="checkbox"/> Fatigue  |
| <input type="checkbox"/> Flu-like symptoms    | <input type="checkbox"/> Nausea or vomiting      | <input type="checkbox"/> Headache |

**NOTE: Potential Higher-Risk Individuals**

- Yes  No Are you in a higher-risk category as defined by the CDC, including older adults, people with medical conditions, and those with other individual circumstances?

**If the answer is YES (you are in a higher risk category), we recommend you stay home. If you choose to participate, you should first discuss this with your health care provider.**

- Yes  No Have you been vaccinated for COVID-19? First or only shot: \_\_\_\_\_  
Second shot: \_\_\_\_\_
- Yes  No Do you have recent negative COVID-19 test? Test Date: \_\_\_\_\_