

2022  
Camp Sequassen  
Menu  
Webelos Adventure Camp  
SRC Week: 7

	Breakfast 8:00 AM	Lunch 12:30 PM	Dinner 6:00 PM
Sunday			Sliced Roast beef w/ gravy Oven roasted potatoes Green Beans Tossed Salad w/ dressing Bread & butter Ice Cream Milk/Beverage
Monday	Fruit Juice Pancakes w/ syrup Sausage Links Cold Cereal Butter Milk/Hot chocolate Fresh fruit	Chicken Nuggets Macaroni & Cheese Tossed Salad Corn Chips Jell-O w/ topping Milk/Beverage	Pasta & Meatballs Tossed salad w/ dressing Bread & butter Italian ice Milk/Beverage
Tuesday	Fruit Juice Scrambled eggs Sliced ham Bagels w/ cream cheese Home fried potatoes Milk/Hot chocolate Fresh fruit	Taco Tuesday Soft Shell Lettuce & Tomato Salsa / Cheese Nachos & Cheese Sauce Popsicles Milk & Beverage	Roast Loin of Pork w/ gravy Apple Sauce Medley of Vegetables Buttered Noodles Bread & butter Gingerbread/ Topping Milk/Beverage
Wednesday	Fruit Juice Belgian Waffles Sausages Cold Cereal Milk/Hot chocolate Fresh fruit		

Menu subject to change due to availability